## WITSIE AT THE CUTTING EDGE: Researcher Profile

### Dr Shabir Moosa

# Senior Clinical Lecturer, Family Medicine Diseases



#### Who are you and what is your academic/scientific training and background?

I am a family physician and senior clinical lecturer in the Department of Family Medicine (Johannesburg Health District - Wits). I have a history of general practice, community and political activism in rural KwaZulu Natal between 1990 and 2004. I have been involved in the development of Family Medicine in Gauteng since 2004. I have a Wits P&DM Diploma in PHC Service Management (1998), a MEDUNSA-Limpopo Masters in Family Medicine () (2005) and a Wits Masters in Business Administration at (2011). I received the Dumo Bagwa Award in 2006 for community-oriented primary care (COPC). I am completing my PhD with Ghent University in Belgium.

### Explain the nature of the research that you are currently undertaking.

I am leading an EU FP7-funded project "Human Resources in African Primary Care". We have been evaluating Family Medicine in Africa and the PHC Outreach Programme (part of PHC Re-engineering /NHI) in SA, and exploring HR policy for PHC in Africa. We are also evaluating Chiawelo Community Practice in Soweto, a PHC Outreach Team based on COPC principles and a model for GP contracting under NHI. The setting is brilliant and lots of my research will be carried out there. See more at www.AfroCP.org.za

## What do you think is the most pertinent/relevant/significant contribution you have made to research/science/your field?

I think my MBA research, published in the South African Medical Journal as "Introducing a national health insurance system in South Africa: A general practitioner's bottom-up approach to costing", is really significant. It provides great insight into GP contracting for the NHI and has shaped what I am doing now. I quote it regularly in my work.

#### Did you have a particular mentor or supervisor who inspired you in research?

Not really. I managed to get into a study as a junior researcher/author. The experience was useful as it went on to another and then I led the last one. It gave me confidence and I became more involved / assertive. It also made me realize that collaborations can be painful! Great strategy though for any junior researcher.

#### Tell us about what you do when you're not busy at work and carrying out cutting-edge research.

Enjoying time with my wife, Ayesha and daughter, Zahra!

Read one of Moosa's articles: Moosa, S., Mash, R., Peersman, W., and Derese, A. The views of key leaders in South Africa on implementation of family medicine: critical role in the district health system. BMC Fam Prac 2014, 15:125. DOI: 10.1186/1471-2296-15-125